

TRISTAN VI: Practical information

Airport transfers

Please communicate your flight information (airline, flight number, departure day and time) to **Vincent Raisiere**, vr@horizonsnouveaux.com. Include also the information about your international flights to and from Bangkok, if applicable.

The cost of the transfer will be THB700, round trip, to be paid cash at the registration desk. Travel time: about 1 hour. Note that it cannot be charged to your room, and that a receipt will be delivered.

Equipment for presentations

A beamer and an overhead projector will be available in each conference room. Participants who need a beamer are supposed to bring their own laptop. If you have a Macintosh, do not forget to bring the plug adaptor for the video connection.

We will make sure that additional PCs are available in case of problems, where PDF files as well as PowerPoint presentations can be played. Note that various problems may be encountered when PowerPoint presentations are played on different computers, namely if you use plugins (like a video player) or special fonts (like mathematical formulas).

Payments

The payment made to the conference covers:

- Room with breakfast
- Coffee breaks and lunches
- Welcome cocktail on Sunday
- Excursion on Wednesday with lunch
- Conference dinner on Thursday
- Farewell cocktail on Friday

All other expenses (dinners, activities, bar, etc.) must be paid directly (cash, or charged on your room).

Please notify the organization if you do not plan to participate to one of the social events

Local transportation

Local transportation to Patong will be organized every evening. Booking must be made at the conference desk.

The hotel has also its own transportation system (limos), operated by Hertz.

Excursions

A one-day excursion to Phang Nga bay is planned for all registered participants on Wednesday June 13.

For accompanying persons looking for additional excursions during the week, they can contact the conference registration desk.

Dressing code

Conference: Smart casual

Dinners: Smart casual (restaurants in the hotel do not accept guests with shorts or bare foot during dinner)

Excursion: Swimsuit, hat, sunglasses, sun lotion (high protection)

Contacts

Registration	Marianne Ruegg	phone number to be communicated
Conference program	Carolina Osorio	phone number to be communicated
	Matteo Salani	phone number to be communicated
Local logistics	Vincent Raisiere	phone number to be communicated
Travel agent	Arosa Travel Service	phone number to be communicated
Hotel	Reception	+66 (0)76 340 480

Telephone

The telephone system is efficient and reliable in Thailand. Country code: 66

Global System for Mobile (GSM) phones is widely available.

Internet

A WiFi network is available for free at the conference center for all participants. It is assumed that participants will access to the internet using their own laptop computer.

The hotel has its own Internet system, with wire connection in the rooms, and wireless connection in the lobby. The costs are charged directly by the hotel to your room.

Local currency

The local currency is the Thai Baht. In general, the rates offered at the airport are more interesting than the rates offered at the hotel. Automatic Teller Machines (ATMs) are available at the airport, in various locations in the city of Patong, but not at the hotel.

Exchange rates:

- Roughly: 100 Bahts = 3 USD
- Roughly: 100 Bahts = 2.25 Euros

Local time

Standard time zone: UTC/GMT +7 hours (No daylight saving time in 2007)

Time difference with various cities:

Chicago	-12h
Delhi	-1h30
Geneva	-5h
London	-6h
Mexico	-12h
Montréal	-11h
New-York	-11h
San Francisco	-14h
Tel Aviv	-4h
Tokyo	+2h

Electricity

220v, 50 Hz

Plugs are of types A, B and C Plug adaptors are available at the hotel.

Health

This information is given without any guarantee. Please consult your doctor for detailed and personalized recommendations.

Travelers' diarrhea is the most common travel-related ailment. The cornerstone of prevention is food and water precautions. Most cases of travelers' diarrhea are mild and do not require either antibiotics or antidiarrheal drugs. Adequate fluid intake is essential.

Malaria in Thailand: prophylaxis is not recommended for the cities or main tourist destinations, including Bangkok, Chiang Mai, Chiang Rai, Pattaya, Phuket, and Ko Samui.

The following are the recommended vaccinations for Thailand:

- Hepatitis A vaccine is recommended for all travelers over one year of age. It should be given at least two weeks (preferably four weeks or more) before departure. A booster should be given 6-12 months later to confer long-term immunity. Travelers who are less than one year of age, are pregnant, or have less than two weeks before departure should receive a single intramuscular dose of gammaglobulin (see hepatitis A for dosage) instead of vaccine.
- Typhoid vaccine is recommended for all travelers, with the exception of short-term visitors who restrict their meals to major restaurants and hotels, such as business travelers.

Food

Thai food is usually excellent. Rice, vegetables, fish, seafood and meats are the usual ingredients of Thai cuisine with, of course, spices... Thai hotels and restaurants have adapted their cooking to match the more fragile tastebuds of occidental tourists. Vegetarians will find a huge variety of menus. Le Méridien has 4 or 5 different restaurants from Japanese to Italian cuisine.

Weather

In June, temperatures stand between 25°C (77°F) and 31°C (88°F). Water temperature is around 29°C (84°F) Atmospher is rather humid, due to the arrival of the monsoon in the course of June. However, showers are usually short and fall in the afternoon, evening.